Addictive and Mental Disorders Division Newsletter

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September 2006 Issue 3

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Mission Statement

To implement and improve an appropriate statewide system of prevention, treatment, care and rehabilitation for addictive and mental disorders.

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CO-OCCURRING DISORDERS – WHAT ARE THEY?

At its most basic level, Co-Occurring means that an individual has at least one mental disorder as well as an alcohol or drug use disorder.

The Chemical Dependency Bureau definition of co-occurring is "A person who has been diagnosed or treated for a mental health diagnosis within the last year, or a person who is taking medication for a mental health disorder and also has a diagnosis of substance dependence or abuse disorder."

The Mental Health Services Bureau oversees services for adults with Severe Disabling Mental Illness, and defines co-occurring as "dual diagnosis or substance abuse or dependency."

WHAT IS CO-OCCURRING CAPABILITY?

TIP 42, a publication of the Center for Substance Abuse Treatment, defines several levels of service capacity for those who provide treatment services to persons with co-occurring disorders.

Montana's current Administrative Rules and policies for mental health and chemical dependency services currently require the basic level of co-occurring capability. A **basic program** has the capacity to provide treatment for one disorder, but also screens for the other disorder and can access necessary consultations.

A program with **Co-Occurring Capability** tends to focus primarily on one disorder without substantial modification to its usual treatment, but also **explicitly addresses** some specific needs of the other disorder. The individual's specific needs be met though collaboration. **Collaboration** includes a formal agreement between providers,

and is essential when a person who is receiving care in one treatment setting also requires services from another provider.

It is the expectation of the AMDD that all enrolled and contracted providers will achieve Co-Occurring Capability. Some specialized programs will be expected to provide Integrated Substance Abuse and Mental Health Treatment for clients with COD, in which the contributions of professionals from both fields are moved into a single treatment setting and treatment regimen.

For more information on the Co-Occurring Initiative and other Online Resources, check out our webpage at www.dphhs.mt.gov/amdd/.

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NEW EMPLOYEES!

Behavioral Health Program Facilitator

Deb Matteucci has been hired by DPHHS and Dept of Corrections to fill the new Behavioral Health Program Facilitator position. She began her duties on July 17. Deb's main office will be in AMDD but she will also have office space available at DOC. Deb is the former Executive Director of the Montana Mental Health Association.

This position will be responsible for working with both departments to develop better and consistent service delivery for mentally ill offenders, both in institutional and community settings. The position is funded by DOC, DPHHS obtained the FTE, and it will be jointly supervised by the administrators of AMDD and the DOC's new Health Services Division. Deb can be contacted at (406) 444-2013 or dmatteucci@mt.gov.

Community Program Officer

The Addictive and Mental Disorder Division, Mental Health Services Bureau has hired four Community Program Officers. They will be responsible for working with communities to assess the need for mental health services, especially crisis response services. They will also be available to help service providers and other stakeholders with problem-solving. If you have questions, we encourage you to contact the Program Officer in your area.

Cheryl Nystrom - Billings Jane Wilson - Great Falls (406) 670-6910 Mary Jane Fox - Kalispell (406) 788-8167 Dennis Cox - Helena/Butt/40(406) 4987\$58

AMDD is also planning to place a program officer in Miles City. That position is currently vacant. If you are in Miles City or the surrounding area and have questions, please contact Cheryl Nystrom.

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UPCOMING AMDD EVENTS

- SAPST Training Lame Deer Oct 2 & 3
 - Craws Agancy Oct 8, 3 %, 20 & 27

Contact: Michelle Harbosen - 444-4926

- DBT Advanced Training Helena -Oct 12 & 13 Contact: Deb Sanchez - 444-2706
- Mental Illness Conference Helena Oct 24-26 Contact: Faun at 449-2344 or Sandy at 458-9738

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Alternative accessible formats of this publication will be provided upon request. For further information, call (406) 444-3964.

¥ Contact Us **¥**

Administrator
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Montana Chemical Dependency Center
Montana Mental Health Nursing Care Center

For more information check out AMDD on the Department of Public Health and Human Services web page at: www.dphhs.mt.gov/amdd/

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